



What new skills do you want to learn?

Description

Every week we will be posting one question to you guys in the hope to start an exciting thread of conversations on sewing, life, parenthood and of course linen. Our aim is to share and mix knowledge, to create a platform of solving obstacles together and generate new ideas to try out, we hope you will participate and enjoy.

As seasons change and my children grow older I find myself more aware of how little time there really is, and yet the list of things I would like to achieve in life keeps growing. Aspirations are healthy. And yet unproductive procrastination and endlessly growing lists of possible dreams is useless. There seems to only be one solution and that is simply to start and be proactive one step at a time. At the moment I am really interested in the art of rug making and its intricate ancient techniques. As I have children and mostly work at night, I find that youtube has become my main source of collective knowledge and inspiration. I learn better by watching, rather than reading instructions. I am also a runner, and with running I have learned that success rests on firm consistency of doing what makes one most happy, even if your trials end in errors at first, whenever I pursue, the feedback of positive energy I receive is worth the effort. Ease comes with time and a level of deep emotional satisfaction for small achievements. I find this to be

one very important ingredient in the inevitably conceptual question of what makes one happy. My other secret skills to learn are driving (yes, I know. I live in London and we have excellent public transport, plus I walk everywhere), playing guitar and chatting away in Spanish.'

Do you have a list of skills or techniques you are longing to learn? If yes, how do you go about learning them? Is this at all important to you?

CATEGORY

1. TEA TALK

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